

POLYPARADISE – 2009 SURVIVAL GUIDE

VOL. 2

PolyParadise Theme Camp - Burning Man 2009

<http://www.polyparadise.com>

Welcome to PolyParadise – 2009

PolyParadise celebrates its 11th Year within the gates of Black Rock City (1999-2009). We are so glad that you have chosen to camp with us, create Community, share, learn & grow with other PolyCampers.

This survival guide was created to assist you in the ways of PolyParadise. Even if you have camped with us before, I encourage you to read this guide.

Our Community is created by all of you with each and everything you do. Help someone in need, participate in our Camp Events, share food at a community dinner, and look out for each other.

PolyParadise is Gonna ROCK in 2009!!!

Playa Arrival Process:

Get to the Playa SAFE!! Obey traffic signs & Speed Limits!!

If I have NOT CONTACTED YOU ALREADY ABOUT EARLY ARRIVAL...PLEASE PLAN TO ARRIVE AFTER 12:01AM MONDAY!!!

You will not be able to gain entrance to Burning Man prior to that time. Have fun at the gate and with Greeters Station...Rub Playa all over your arms, do a Playa-Angel. Once you make your way past the greeters head towards PolyParadise.

Our Playa address had not been released at the time of this printing. Our 2009 Playa location will be announced ~August 1st and will be posted on our Yahoo Group and the Web Site.

If you arrive after Dark...There is not much you can really setup in the dark effectively, so take the time to relax and wait until daybreak. If you arrive after dark, BE CAREFUL as you drive around the Playa and within our camp. There maybe some stray materials lying around, but I will do my best to have it clear.

Find **Scotto** - All campers will be placed as you arrive according to what vehicles and infrastructure you have. All requests will be accommodated if possible.

The Camp is ONE BIG PUZZLE that for us will not be complete until Thursday with our last arrival. We have a full camp; we will need to be IN TIGHT, so proper placement of Guide wires and stakes is CRUCIAL! If I feel your setup needs adjustment I will ask and be willing to help. My decisions are always for the maximum good for ALL!!

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DO NOT start to setup your stuff until you SEE **Scotto!!!** If Scotto is not available there will be someone in camp that can assist you, just ask. If you setup your stuff without our knowledge you may be asked to move because the plan is being formulated as the Plan Happens.

Get HUGG From Scotto!!! - Get HUGG From WildChild!!!

Get properly **TAGGED** as a **PolyParadise Resident!!**

HAVE THE TIME OF YOUR LIFE...IT IS BURNING MAN!!!!

Scotto

- Camp Daddy
- Burning Man Geek



Things to Think About & Other Tidbits

****We are a group of Polyamorists and Poly-Friendly seeking to live our dreams, and this camp is one manifestation of that. Polyamory involves openness to multiple loving relationships, with honesty among all partners. ****

That quote is the Intro to our [Yahoo Group](#) as well as our web site. We all come to BM and PolyParadise from our own communities and our own households, each with a different set of rules or understandings / agreements between the different people and groups of people who accompanied us to BM.

Burning Man is a society where customs are quite different than the default world. But this does not mean that it is a 'free for all'. The personal limits of others can easily be pushed or disregarded.

Please do not make any assumptions that because a person of either gender is naked that they want 'touch', in our camp as well as your ventures on the Playa. As Poly's we 'Process' in our own ways...Touching without asking or without having prior permission to do so is unacceptable in PolyParadise.

For Those That Choose To Be Naked

Nude is not Lewd. It's not even illegal on federal land, which the playa is. Mere nudity is not considered sexual. However, **sitting your naked butt down on a common chair without putting a towel or something down first** is considered – well, at least crass. Nude, can be rude. At most nudist resorts you are expected to sit on your own towel or cloth when using common sitting accommodations. We at Poly Paradise would also appreciate the same courtesy.

Camp Guests

You will be responsible for any and all actions of ANY guest that you bring into our Camp.

Coolers & Ice on the Playa

There will be separate sections for Community & Personal Coolers. The contents of all Community Coolers are just that Community property. All coolers in the Community area will be drained, repacked and iced each day starting Monday. The drained cooler water will be captured & used for dishwashing.

You can purchase Ice for your personal coolers at Artica (Center Camp, 3:00 & 9:00 Plaza's) Ice is \$3/bag crushed or blocks.

Playa Events

If you are in the Community Space while an event is in progress; be courteous of the noise levels. The facilitators of the events have enough outside distractions to deal with; they shouldn't have to deal with loud campmates.

Handling Disputes

There is always the possibility that disputes will happen in camp, about this or that. Please try and work things out amongst yourselves. If the problem cannot be resolved, please contact Scotto before getting Rangers or LEO involved.

Be Respectful of the Sacred Space of others

The Poly Play Space is available for all campers and their invited guests. If you enter the Play Space and there is a group activity or other people enjoying the space, please be respectful of what they are doing.

The Definition of Community is Participation

Community participation is highly recommended the payment is the cost to get the infrastructure to the playa, and maintaining it off playa. The Construction and destruction of the camp takes ALL of us.

Teardown – Monday September 7th

MONDAY is a 12-hour BLITZKRIEG of work. It is not my desire to start to dismantle part of the camp on Sunday, to make the work on Monday any lighter. What I would like is for folks who Camp with us be prepared to postpone their departure until later Monday Afternoon and be available to help in the MASSIVE effort it takes to PACK IT ALL OUT!!! My hope is to be leaving the Playa by 6p. Lunch will be provided (Deli meat wraps & other leftovers)

Community Kitchen Donations

If you bring a large can of Garbanzo Beans, Large Squash or other perishables or large can goods, you must have a plan to cook and share it, otherwise be prepared to take it back home with you.

All food and colored liquids must be properly labeled and somewhat recognizable.

Please See Things to Think About – page 3



"We are all here for the same reason, to experience each other."

"Volunteerism is very important because it is the purest sense of giving."

Things to Think About – from page 2

Where do I put my Keys & ID? It would really suck if you lost the keys to your vehicle. I am sure there are locksmith services available, but presume it would be quite expensive. Do not carry your keys around the Playa with you. Place them in a safe & secure place within your belongings. If you use them to access your vehicle, make sure you return them to that same spot immediately after use.

Wherever it is that you put your keys place your ID there too. If for any reason you get stopped and asked for your ID, you know that when you produce your ID your stash will not fall out for LEO to see. Speaking Of LEO...

Burning Man & LEO (Law Enforcement Officer): Burning Man takes place within the state of Nevada and within the borders of the US. That means that all applicable laws concerning illegal substances apply when inside the gates of BRC. **Be SMART!** The Burning Man Survival Guide has excellent information concerning your rights when dealing with LEO. Make sure to read and heed the warnings.

If you are a partaker of illicit substances, bring them with you, do not attempt to purchase On-Playa. Only share with those you know. Be aware of your surroundings when you are involved in this activity. Leo has sophisticated equipment to find you doing something illegal, do not give them that chance.

Check your gear before you leave: particularly tents. No matter how many times you've used it. No matter how positive you are that all the pieces are there. Open that puppy up and check it.

What to bring to Burning Man: Hand Lotion, Hat - Warm & Cold Weather Clothing, Lip Balm, Sleeping Gear, Wet Wipes, Tent or Structure, Sun Screen, Rain Gear, Multi Tool, Bandana or dust mask, Dirty/Clean Clothes Bag, Camera (Do not bring your prize possession camera), zip lock bags, Pocket Ashtray-Don't leave cigarette butts on the playa!

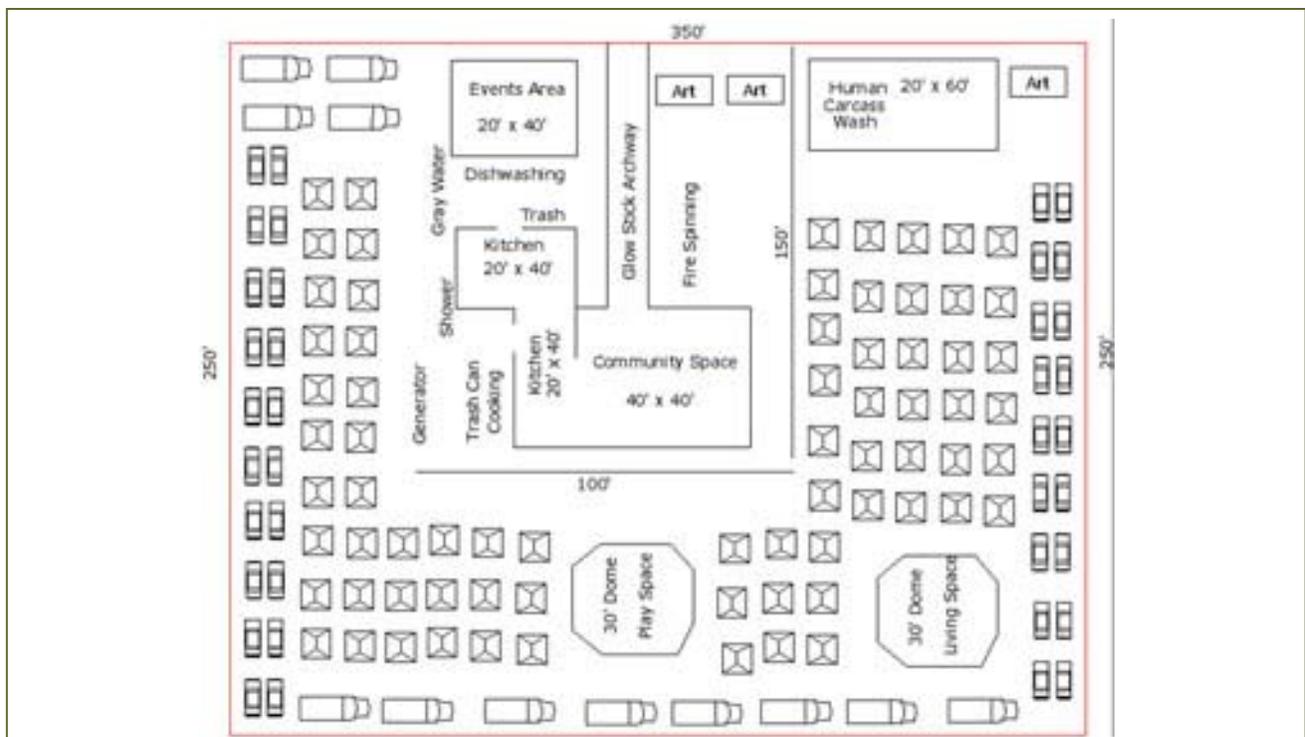
Things not to bring: Plants, living or dead, and anything that will break up and/or blow away in the wind (plants, trees, twigs, loose paper, palm fronds, etc.), Feathers of any kind, e.g. Boas, Glass containers, Excess packaging from foods (remove outer box just bring the inner bag), Loose glitter, Nuts in their shells, Styrofoam coolers, Straw or hay bales, Explosives, aerial flares, rockets, Firearms of any kind, Camp Chairs with foot rest attached.

What not to forget before you leave for BRC: Ticket
Picture ID, Insurance Cards, Medications, Directions to BRC, Lodging reservation info.

Playa Time: Playa Time begins the moment you start to pack. Things take longer while in Playa Time. Get to the Playa SAFE!! Obey traffic signs & Speed Limits!! The Playa & PolyParadise will be there when you get there.

Camp Layout

This is a Proposed Camp Layout... As things will inevitably change On-Playa...Our scattered arrival times create a LARGE puzzle to piece together as the week progresses. The size of your allotted space within the camp will always be adjusted to maximize for the greater good. "The needs of the many outweigh the needs of the few...or the One"



What Does Your Camping Fee Buy You?

- Secured Playa Address & space within PolyParadise
- [Community Kitchen](#) - Kitchen utensils for cooking - Pots, Pans, Fry Pans, Bowls, Knives, Dish Washing station, Soap & Iodophor
- Cooking stoves - Propane to run those stoves
- Assortment of spices to create your Playa delicacy.
- Paper towels, Paper plates, Plastic Cutlery, Trash receptacles
- Tea and Cookies for the High Tea
- [First-Aid Kit](#)
- [Hot and Cold Snacks](#) (3 per day for 7 days)
Packaging for Cold Snacks Refrigeration
- ICE - Daily - to keep the cold snacks cold AND to keep what YOU bring for community food cold.
- Electricity (to recharge Laptops, Camera, Batteries)
- Gas to generate the electricity
- Community Shade 80'x20'
- Community Kitchen 20'x30'
- Community Events area - 20'x40'
- [Poly Play Space](#)
- Secured Playa Address & space within PolyParadise
- [Community Kitchen](#) - Kitchen utensils for cooking - Pots, Pans, Fry Pans, Bowls, Knives, Dish Washing station, Soap & Iodophor
- [Shower Structure](#) / Privacy Curtain - **You supply the water**
- Grey Water Recycling - Provided by Tailfeather
- Spray bottles, cement bins, tarps, and buckets for the HCW.
- Rope, Duct Tape, First Aid Kit & other things to repair things that need repairing
- Rental Truck - Gas to & from Playa - Insurance - to haul ALL of the above.
- [Camp Playa Events](#): Human Carcass Wash - Poly High Tea – Poly People's Court - The Heart of Now & Mind Melt

First Aid Kit in the Community Space:

This Kit will include: Antacid – Saline – Nasal Spray - Vinegar - Vitamin E - Skin Cream – Benadryl - Gauze Bandages - Band-Aids - Alovera Gel - Analgesic Lotion – Ibuprofen - Insect Gel – Hydrocortisone - Antibiotic Ointment - Zinc Oxide – Aspirin – Bactine – Feminine products - New Skin Bandage Tape - Cough Drops - Blister Pads - Fire Extinguisher in the Kitchen - Duct Tape – Emerge-C – Hydrogen Peroxide

*"When you think about it \$135 isn't bad at all for 7 days...
Can you find another hotel that only charges \$19 a day for all this and all the dust you could want?"*

Here is a look at what the Camping Fee pays for:

Truck Rental	\$2600
Rental Truck Gas	\$1800
Generator Maintenance	\$350
(2) - 20'x20' Shade Structure & Cammo Net	\$1000
Cutlery / Plates / Garbage Bags / Food Saver	\$350
Poly High Tea (Tea - Cookies - Cups)	\$150
Pre-Playa Ice - Dry Ice	\$250
On-Playa Ice	\$600
Community Snacks	\$1400
First Aid Kit - Replacement Items	\$75
Gray Water Holding Tank	\$2000
Gray Water System Upkeep (Kitchen/Shower)	\$100
Shower Base - Shower Bags	\$175
Electrical Cords & Outlets	\$400
Carpet, Tarps, Lights, Covering-Poly-Play-Space	\$300
Shower Bag Replacement & Accessories	\$200
Propane (Stoves)	\$200
Kitchen Items & Stove Replacements	\$1000
Gas - Generator	\$275
HCW (Replace Spray Bottles) (2) 20x30 tarps	\$200
Soap Dispenser - Sanitizer	\$150
PayPal Fees	\$350

Total: \$13,875

'Burning Man will change your life...You just do not know how yet'

Community Kitchen

Kitchen & Community Meals

The Kitchen and all its contents (Except Marked Coolers) will be available for all PP campers to use and consume. Please be respectful in cleaning up after yourself after using the Kitchen. Wash any and all utensils, pots, spills in a reasonable amount of time after you have prepared any food. Within 3 hours is an acceptable time frame...

There will be a Dish Washing & Rinsing Station available...Please use it!!! If you use a LARGE Pot to prepare your meal, you are responsible for cleaning said Pot.

If you have volunteered to host a Community Meal or will be providing side dishes, Breakfast: 8a-10a, Lunch 12p-2p, Dinner 6p-8p, please plan you're cooking & preparation time accordingly. Please be respectful of any events that are in-progress while in the Kitchen/Community area while preparing your meal.

There will be Pots & Pans, Stoves, Utensils, Propane, Spices and just about everything else you need to make an awesome Playa Meal.

Dirty pots, dishes, and utensils waiting around for someone to come along and clean them. And the longer they sit the harder they are to clean.

Camp Shower:

Wet Naked Polyamorous People! Did THAT get your attention? I sure hope so...This from the Department of Yucky Water Stuff...

One of the perks of joining Poly Paradise is we provide community shower space for our members and provide safe and ecologically responsible wastewater management.

In the past we have used Propane Powered devices, pumps and heaters to accommodate our campers shower needs. All of these systems have their failure points and need constant attention & repair throughout the week.

To reduce the frustration levels all around, we have decided to return to the more traditional Camp Shower Bag (3 Gallon). You supply the water.

The shower will consist of an enclosed tent along with towel racks, shoe changing deck and supplies storage all on a raised platform. Shower base has non-slippery surface.

- Extra large filling valve with twist off cap
- Water temperature gauge.
- Easy to use ON/OFF shower head saves water

Bring your own water, separate from your water commitment for community use. To maintain sanitation and safety standards use only drinking water from unopened containers. Others using the shower will thank you knowing only pure, clean water is in the system.

If you cook a meal, then you are responsible for cleaning up.

If you can personally GET someone to agree to clean up after you, that is fine. Remember...Community Meals mean you bring something to share. It is not enough just to bring the can of vegetables or fruit, but also to cook or serve what you brought.

Please do not use the Community Kitchen as a drop-off point for food items you brought but will not use. If you had room in your vehicle to bring them to the Playa, you certainly have the room to take them home with you.

In the Community Kitchen there will be a blender & microwave, small coffee pot & 50-cup coffee pot.

Community Meals & Volunteering for Camp Events:

There is a live Google Docs for posting your volunteer request for Community Meals, Human Carcass Wash & Poly High Tea. Please login & post your volunteer shifts and your contributions to Community Meals.

<http://tinyurl.com/5onz28>

Email: google@polyparadise.com

Pass: blackrockcity

****Make Friends Washing Dishes****

****LEAVE NO TRACE****

****Keep Your Community Space Clean****

The empty shower bags will be hanging on a bar on the backside of the shower structure. Fill the bag with water (3 Gallons) and place the bag back on the bar. The bags have a temperature gauge so you can monitor how hot the water is before using.

If you encounter a shower bag hanging from the bar already filled with water, DO NOT assume this was filled for you. Take an empty bag, fill it with your water and wait for it to get to temperature. If all bags are in use, please wait your turn. Please return shower bags after use.

Clean up after use - We will have a trash sack for soap wrappers and other small stuff. Please do not leave small bars of soap, take them with you or trash them. Pick up the shower floor of any debris even if you didn't drop it.

Please remove your stuff after using the shower. You may leave consumables in the storage area if you write your name and the words "Personal use only" or "Not community property." If someone leaves consumables such as shampoo, conditioner, body wash etc. behind without marking, they will be considered community property and free use rules apply.

Take your towels and wash cloths when you are done- Like consumables, these items will become community items if you abandon them.

Please See Camp Shower - page 7

Gray Water Reclamation

Over the years we have experimented with various ways to handle our Gray Water. Gray water is defined as water from human activities not including human or other body waste. This includes washing, showers etc.

Black water is defined as water that includes human or other body waste. This includes poop, pee, blood and that "other stuff." At no time will Poly Paradise process black water. Burning Man has provided Porto-Potties for such disposal.

Our gray water will be from the following four sources:
Kitchen dishwater - Community Shower - Human Carcass Wash - Camper generated from individual cooking.

We are estimating the following volumes from each source:
Kitchen- 5 to 15 GpD - Shower- 50 GpD - HCW- 10 GpD - Other- 10 GpD - Total 85 GpD

Our methods evolved from Treating & Filtering to Evaporation, with each passing year learning what works & what does not work. The stumbling blocks we experience is the sheer volume of water generated during the week that must be evaporated.

For this and many other reasons in 2009 PolyParadise will be contracting an outside company to Deliver & Service a 1000-Gallon Holding Tank for Gray Water Collection. The total cost will be just under \$2000, which is 20% of our budget, approx. \$20/camper. Delivery is scheduled for 8/27 & Pickup on 9/8. There will be one scheduled water pickup on 9/3.

Community Trash

Trash is a problem. We all generate trash. We all need to be a responsible for it. So, for this year we've developed a new system.

Each vehicle that arrives at PolyParadise will be required to take home at least one bag of trash. During the week the TRASH CZAR will place a bag of trash at the driver's side door of your vehicle (think of it like SANTA). That is YOUR bag to take home. It will be DOUBLE BAGGED, NON-STINKY, and of REASONABLE size and flexibility for packing. Please plan room in your vehicle for this bag of trash.

If for any reason, you don't like your bag of trash (you just don't click or cannot get along with one another) please see the TRASH CZAR for an exchange of bags.

It is your responsibility to dispose of your bag properly. The best place for this would be at home. But if you cannot take your bag home, here are some alternative places you can rid yourself of your bag.



More tips on trash can be found at: [Trash Tips](#)

Having a 1000 Gallon tank within camp for our Gray Water Disposal does not mean we do not care about Water Conservation, in-fact, it will make us more aware of the volume of water we produce as a camp.

Dishwashing Water will be collected at the sink and screened for particulate matter before the Holding Tank. Available to assist in dishwashing will be Biodegradable-Mother Earth Friendly Soap as well as Iodophor Sanitizer.

All materials not suited for the Holding Tank will be collected in 5-Gallon sealable buckets for Off-Playa transportation & disposal.

Shower Water - There will be one main camp shower available to all campers. **You supply the water.** The shower will consist of an enclosed shower tent on a raised base off the Playa. All shower water drainage will be collected and transported to the Holding Tank. Do not Pee in the shower.

The shower water collection area should never be used for Gray Water Disposal. Do not urinate or empty personal pee containers into our Gray Water system, please use the Porto-Potties.

Human Carcass Wash - Gray Water Collection - In running the HCW the participants stand in plastic troughs to catch the water and particulate matter washed from bodies. This water can be dumped directly into the shower base where it will drain into the sump and be handled as common gray water. HCW crew must be diligent to ensure that no foreign matter such as plastic, jewelry or other MOOP gets dumped into the system.

In Fernley, **FERNLEY SANITATION** (775-575-4964) will be OPEN through the Labor Day weekend, 7:00 a.m. - 4:30 p.m. every day. The rate is \$16.00 for up to 3 cubic yards (27 cubic feet). To reach Fernley Sanitation from Burning Man head south through Nixon and Wadsworth. When the road ends at 427 go left. You'll go under I-80 and past the Pilot Gas Station on your right. Stay on Main Street to the light. At the light, make a right onto Alternate US Highway 95a. Go 2 miles- on the left you will see the Wreckage Disposal building. Stop at the scale house.

In Lockwood, **LOCKWOOD LANDFILL** (775-342-0401) will be open only on Saturday & Sunday of Labor Day Weekend. They will not be open on Monday of Labor Day Weekend. They operate 7:00 a.m. - 4:30 p.m. seven days a week except holidays. The charge is \$3.75 per cubic yard with a \$1.00 environmental fee per vehicle. Head West on I-80; get off at the Mustang exit (23). Go straight; continue past the cattle guard for approximately 2 miles. The entrance is on the left-hand side.

RENO DISPOSAL SERVICES (775-329-8822) will be OPEN through the entire Labor Day weekend. Hours are 6 a – 6p. Monday - Saturday and 8a-6p holidays and Sunday. The location in Reno is 1390 Commercial Row. Charge is \$5.50 per cubic yard. From I-80 west, take exit 14 and go south on Wells Avenue. Make a left turn on 6th St and then a right onto Sutro Street. Make a left on Commercial Row; look for 1390 on your left.

Reno Drive Thru Recycling!- All recyclables will be accepted, at no charge At all of the Reno/Sparks area Albertson's/Save-On stores, in the parking lots, there will be drop off locations available 24 hours a day.

Camp Shower - from page 5

Absolutely NO wastewater dumping in the shower. No, dumping of human waste in ANY part of our gray water processing system at ANY time! Dispose of human waste in the Porto-Potties only. Do not Pee in the shower.

The shower is open for operation 24 hours a day. The shower system is for the exclusive use of Poly Paradise members only. The public may participate in the HCW experience if they desire.

The community shower may be shut down without prior notice. If conditions warrant, we may close the shower system prior to final shutdown on Monday.

"The Man Burns Tonight: A Black Rock City Mystery by Donn Cortez available in Paperback. Noted on Pg. 173 is The Human Carcass Wash, the best Wash on the Playa - PolyParadise."

Human Carcass Wash – Poly High Tea The Heart of Now – Poly People's Court - Mind Melt

Camp Playa Events*The Human Carcass Wash – Mon-Sun 3:00p-4:30p*

If you have never been a participant in the HCW, you are in for a treat, both participating and helping run it.

The HCW breaks gender barriers for being touched; it of course by its nature of being washed means it also 'Encourages' people to be naked and to be washed. People who would not otherwise be naked, or want to be photographed doing such an activity.

I highly encourage everyone to get involved in this fun activity. The HCW area is a 'No Camera Zone' and is clearly marked as such. When dealing with someone who is taking pictures politely ask them to respect our 'No Camera' Request. If they become belligerent, please do not provoke them. People are going to be people.

All participants 'Must' be asked their boundaries for being touched prior to being the one washed. We must make sure that all other participants have heard that stated boundary, or the question is asked again at the next station.

If a HCW participant breaks this stated boundary, that person should be pulled aside and dealt with in a civil manner and tone. If you feel you cannot defuse the situation yourself bring this issue to the attention of _Touch, Tailfeather or Scotto...

Poly High Tea – Mon-Sat 1:00p-3:00p

Just what is Poly High Tea? First, it's a Tea Party. We will be serving Tea and Cookies. All you Polyamorous, poly-curious, and poly-friendly folks out there on the playa are invited to join us for a discussion about the practical issues of loving more than one in an open, responsible multi-person relationship. There is much wisdom in the poly community which can be helpful to people trying to make *any* relationship work, monogamous or Polyamorous. There will be a facilitated discussion in which you can get your questions addressed and some of the knowledge in our community can be shared.

The Heart of Now – Tues, Thur, Sat - 11:30a to 1:00p

The essence of the Heart of Now is the practice of being present with your whole self. In The Heart of Now workshop, you'll come to know yourself more deeply. You'll discover the possibility of reconnection with your innate beauty, wholeness and be honest with yourself and with others in a safe circle of love. You can discover those places you've felt stuck, while you are supported in letting go.

Poly People's Court - Wednesday 2:00p-4:00p(case overflow to be handled Friday 2:00 - 4:00 if necessary)

Do you suspect that you or someone you love may be in violation of one or more of the Laws of Polyamory (as outlined in the Polyamory Bible, the Ethical Slut)? If so, bring the accused to Poly People's Court to be tried in the Playa's Highest Court of Love. The accused must be present for the trial to proceed! Plaintiffs may sign up ahead of time on the provided boards to put cases on the docket (walk in cases will also be tried if time permits). Bribes --err, payments for lawyers are encouraged for better service.

If you cannot afford a lawyer, one will be provided for you-- assuming that we can find one at the time. Sins -- such as "insufficient foreplay," "poor communication," and "touching without permission" shall be written on the Board of Transgression and will be erased as fines are paid. Cases will be tried, and punishments assigned, by one of our esteemed judges.

[Submit Your Case Pre-Playa](#)*Mind Melt - Mon – Fri - 8:00p - 9:00p*

Mind Melt lets your mind be changed from Fear of the unknown, to finding Hope in the Future, by experiencing 3-D Images of lights and sounds and the peace only found within the receptive mind and experience of every thought, feelings, sensations, and level of awareness through corresponding brain wave patterns.

Camp Resident Responsibilities

Individual Water Bottles – In previous years the number of half empty water bottles left lying around Poly Paradise was simply reprehensible. If you are drinking a bottle of water, and leave it there, do you honestly expect someone else to come along and drink it? Do you honestly expect someone else to come along and pick up after you? Apparently!! Nobody wants your half used bottle of water. Either finish it, or dispose of it. If you intend to come back to it, write your name on it. Get them to the recycle bin empty. **FINISH IT OR DISPOSE OF IT**

DeMoop - Please DE-MOOP your camp food contributions before coming to the playa.

Waste - Do not bring a giant size jar/can of anything, unless you have some idea of how it is going to be used. A 10lb can of chick peas might be a bargain, but NO ONE likes them that much, and once opened, if it is not used by the end of the week it becomes trash, and could end up in the trash bag assigned to YOU. You will be taking a bag of it home with you. The less trash we all generate, the lighter will be your bag at the end of the week. **PAY ATTENTION** to the signs that say **RECYCLABLE, BURNABLE, TRASH.**

Special Food Mention - Watermelons do not do well in heat. If left out for one day the insides cook and become in-edible. If you are bringing a watermelon, leave the rind at home. Cut up the melon – use a seal-a-meal. Then you can eat or serve them when you like. Melon pieces can also be whipped up into a smoothie.

Poly Play Space

Poly Paradise is pleased to provide our members and their invited guests a wonderful space for adult play known as the Perfect Place for Poly Play or Four Peas. Also known as the TantraDome, is a 25 foot geodesic dome decorated with colorful cloths and tapestries, softy floored and scattered with futons, pillows and warm blankets. Soft mood lighting washes this special space and gentle music fills the air. Well sealed from the harsh environment outside, it is a place for love, healing and connecting with others.

Consider the Four Peas as the "heart Chakra" of camp. It is also a space for intimate organized events such as Snuggle Parties, Tantric Puja's, Intimacy Encounters and other events that would be inappropriate for our more public areas. It will be open at all times for the exclusive use of our members and their invited guests, with the exception of organized events that will happen from time to time.

This is a shared space for all and everyone is welcome. Singles, couples, triads, quads and more. Please respect the space and the people using it by picking up after yourself - disposal container near the altar. Please respect the people engaged in play and if you wish to join, then do so ever so gently and with grace. If the answer is anything but "yes," don't take it personally. **Silence is not consent!**

Four Peas can be considered "Created Sacred Space" and the Theme is: Love, Healing, Spirit, Exploration and Nurturing. With that in mind, we ask everyone to keep the energy inside warm, inviting and inclusive. Be open to other people and what they have to offer. Be free to ask for what you need that other people may have to share. Questions, issues or problems should be directed to Tailfeather, aka Doug, Scotto or WildChild.

Pretty much the same goes for any kind of melon (Cantaloupes, Honeydews) and fruit without a hard skin (bananas, kiwi). Apples seem to last pretty well. Dried fruit works great.

If you have special dietary requirements, you should take it upon yourself to provide accordingly. Do not presume that what other people contribute will conform to your dietary needs.

Community Space Edict - PolyParadise is a very free and accepting community. However, since a place for sexual play is provided, we ask that sexual activity not take place in the open community space. The may be minors not miners in the camp, and though they may have been raised in an open environment at home and not themselves mind such activity Please confine sexual activity to the Poly Play Space or your own private accommodations and not in the Community space.

What Other Camp Contributions Do I Still Need To Bring?

- 5 Gallons of Water/ Car - to contribute to the running of the Human Carcass Wash / Community Drinking water.
- Participate in Daily Community Meal - (Eating, Cooking, Serving or Washing Dishes)

Each camp member is expected to take some Community Trash home & dispose of it in the proper manner in an appropriate facility or container. Plan to donate at least 2 hours of your time before you leave the Playa to cleanup of the PolyParadise site as well as the general state of BRC.

Community Snacks

Asst. Nabisco cookies - Chex Mix
 Rice Krispie treats - Cheez-it's - Ritz cheez `n' crackers
 Asst. Sun Chips - Reg & BBQ chips - Asst. nuts - Trail Mix
 Pringles – Pretzels – Oreos - Chocolate Chip Cookies
 Instant oatmeal - Asst. Cold Cereal (you need the milk)
 Nutri-Grain bars - granola bars - Low Carb Breakfast bars
 Red vines - Beef Jerky - Fruit Cups
 Ritz-Crackers Bits & Cheese
 Juice Boxes – Capri Sun Variety Pak
 Applesauce - Chocolate | Vanilla Pudding

Available in Community Coolers:
 Chocolate bars & Asst. chocolate candies
 Frozen fruit - Salami

Soy Sauce - BBQ Sauce - Teriyaki Sauce
 Ranch & Italian Salad Dressing
 Syrup - Cooking Oil – Kitchen Wipes - Mustard, Ketchup, Relish
 Asst. bev. (Gatorade, tea, coffee, etc Lemonade, Iced Tea Mix)
 Stoves, Pots, Pans, Utensils, Spices

Personal coolers should be clearly marked with your name so its contents are not mistaken for Community use. Be respectful of what is not yours. The community coolers will drained (Water used for Dishwashing) each morning and refilled with ice. There may be a few bags of ice left over that will be given away First-Come First-Serve. Otherwise it is **your responsibility to purchase ice for your personal cooler. Please do not place 'Personal' food items in Community Coolers.**

Playa Tips

Foot Care: *Playa foot*: - is a malady unique to the Black Rock Desert caused by the alkali dust that makes up the desert. It is, in essence, a chemical burn. The most common cause of playa foot is exposure of your feet to the desert floor by not wearing socks and closed shoes.

Wash your feet well to remove all the playa dust that is embedded in the cracks of your skin. This may require soaking them in a basin of water. Many people recommend adding a small amount of vinegar to the water to neutralize the alkali. 1/4 vinegar and 3/4 water is a good mix. After washing your feet, dry them well and look to make sure you have gotten all the playa dust off of them. If available, apply a thin layer of antibiotic ointment or lotion to the soles of your feet. This isn't absolutely necessary and should only be done if you can keep your feet covered with socks and shoes or boots.

Keep your feet covered with socks and closed shoes or boots. Failure to do so will only allow your feet to get worse from the accumulation of more dust on your feet.

Nose Care: Saline or w/aloe nasal spray. Especially if you are use to a more humid climate. Dried out nasal passages can hurt and bleed.

PolyParadise has been influencing the Hearts & Minds and Washing the Bodies of Playa Citizens from '2:00 - 10:00' Playa-Wide for the past 11 years.

*Take care of your Feet...
Your Feet will take care of YOU!!!*

Drink Water! Drink Water! Drink Water! Drink Water!

No... I did not say drink a Beer, Wine Cooler, cup of Coffee, Ice Tea...I said...Drink Water !

Maintaining enough fluid in your body is probably the single most important thing that must be done! The Black Rock Desert is a very harsh environment. Most if not all of you (other than our Arizona contingent) do not live in a desert, and are not used to the full sun & heat all day. Please pay attention to your body, when it says it is time have water, drink water, when it says it is time to rest, please rest...

Watch for the warning signs of non-sufficient hydration:

Lack of energy, headache, dry lips, tongue or mouth, Lack of sweat, Infrequent urination or no urination whatsoever, dark urine or urine with a strong odor (by day 2, your urine should be close to "clear" if properly hydrated)

Either that or... a visit from the Paramedics, a trip via CareFlight & Emergency Room in Reno in the \$5000.00 range!

Drink Water! Drink Water! Drink Water! Drink Water!

Lip Care: lip balm with sunscreen, preferably hung from the neck so you always have it at the ready....whether you have pockets or not.

General Stuff: A set of clothing including shoes/sandals that stays in zip lock bags until after tearing down camp, to change into for the ride home.

Mask for wind storms, Small sized Sanitizing gel (alcohol) to keep in your pocket. Good to use after a trip to the Porto Potties. Camelback or similar (for portable hydration). A reusable mug or cup for coffee and beverages at the Center Camp Café. **Contact Lenses:** (Bring a back-up pair. Then bring a back-up pair for the back-up pair)

Medical Alert Bracelets: Black Rock City's Emergency Services Department highly encourages folks who normally wear a medic alert bracelet to do so on playa as well. If you don't usually wear a medic alert bracelet but have a serious medical condition, we encourage you to wear one on playa to ensure Emergency staff can take appropriate care of you. Questions? Email 911(at)burningman(dot)com .

*If it does not come out of your body
It does not go into the potty!!*

How much water should I bring? You are responsible for bringing **Five (5) Gallons** of water/vehicle to donate to the Camp. This water will be used for starter water each day for the Human Carcass Wash and will also fill a Community Water jug for all to use. This bright orange cooler will be in the Community Space and will have blocks of ice dropped in each day so that there is always cold water to enjoy for all campers.

You also need to plan for water you will personally use during the week. Plan on **1.5 Gallons/person/Day** for drinking, your mileage may vary.

It is also your responsibility to bring your own shower water. We supply the shower you supply the water. The Shower bags have a Three (3) Gallon capacity and if you leave the nozzle open the water drains at One (1) Gallon/minute. So that would mean you would get a 3-Minute shower. If you want a longer shower have more water available or turn the nozzle off while you soap your hair or lather you or your shower partner.

So if you plan to take one shower/day and you are there for 7 days you would need ~20 Gallons of water for showers.

The best transport for your water are the Arrowhead or similar brand 5-gallon suitcases, they pack & carry the easiest.

Remember, water weighs **8 lbs/Gallon**, so you might want to wait to purchase your water in Reno or Fernley and not transport the water from your home destination to save weight and gas mileage.

Sense of Community

We are a community and the way Poly Paradise has continued to be a community is through the efforts of all of YOU!

Burning Man is based on Radical Self Reliance, as a community at burning man this does not change, with the exception of the infrastructure that is provided. It is still up to all of us to make the PP community be successful. It takes all of us together to put the structure together, maintain it on a daily basis.

What you need to contribute towards our community is:

- 5 Gallons of Water/ Car - Running of the Human Carcass Wash / Community Drinking water.
- Take At Least ONE (1) Bag of Community Garbage Off-Playa - Be responsible and dispose of this garbage in appropriate receptacles.
- Follow the LEAVE NO TRACE rule of BM, and coordinate with other camp members prior to leaving the event and our campsite looking for and picking up MOOP (Matter Out of Place)
- Participate in one mandatory Shift of Meals

Meals are not included in the \$135 Fee. Meals are a gift the community gives to itself. Again this is radical self reliance it is not up the community to feed you, and it is up to all of us to contribute together.

All of us contributing, to meals will make a big difference. Even if it is not your scheduled turn to cook...adding a small side dish can add to any meal. It can be as small as chips and salsa, canned fruit, a salad, anything you want to share with the group. The more you share without being asked the more there is for everyone.

We will have two separately marked sections in the kitchen this year. Community Coolers and Personal Coolers.

Community Coolers are for everyone. They will be iced everyday and contents are available for everyone. They include Assorted Meat packs, Frozen Fruit, Chocolate, String Cheese also a cooler for leftovers. A Large container of Cold Drinking water will always be available in the community area.

Personal Coolers can be stored in the community area so you can have easier access to your items and you do not have to store them in a hot tent. Please put your name on your cooler and respect other people's property. Ice for personal coolers are the responsibility of the individual.

PolyParadise works because we all work together.

This is a "do-ocracy" If you see something that needs to be done...do it or ask for help from a campmate.

PolyParadise is our home in the desert for a week. Together we can enjoy our community and enjoy our Burning Man.

Burning Man can be anything you want it to be....So make it AMAZING!

Love and Playa Dust,
WildChild aka Ginny
Burner Chick
Camp Mom

Camp Needs

Needs For Inside - 4 Peas (Perfect Place for Poly Play)

Mattresses, Sleeping pads, Old sheets (flat preferred), Blankets, Sleeping bags, Comforters, Pretty lengths of cloth, for decorative purposes. Safe Sex Supplies

Needs for Community Space:

Chairs & More Chairs for Community space (Without Foot Rest Attached)

Remember: Anything that you bring to the Playa & PolyParadise is yours to take back home. Please do not leave your unwanted food, infrastructure or garbage for me to take home to Phoenix.

Camp Power

The Community Space/Kitchen will have power available 24/7. There will be a designated area for you to be able to charge batteries. Power will be available in the kitchen for appliances as we have a small coffee pot & a 50-cup size as well as a Toaster, Microwave and blender. The Community Space will be lit up at night along with a rotating color ball and an LED Sign running camp messages.

The generator is for the Kitchen & Community space. It is not available to provide power to your individual camp locations.

